

«DANCE PRACTICE IN PRIMARY SCHOOL»

Pedro Romeiras

THE CHALLENGE ...

«Tudo e todos somos apenas caminho, experiência do inacabado, indagação no incompleto.»



«All and all are only path, experience of the unfinished, inquiry in the incomplete.»

Padre José Tolentino Mendonça in *A mística do instante – O tempo e a promessa.*

The Change Is starting?

What is, what was and what will be dance teaching like in Primary School, in a few years?

- Dance became parte of Primary School curriculum in Portugal;
- Ministry of Education ...
- ... waikup call for Primary Teachers ... and Universities ...
- ... what kind of training for the future teachers.

Dance Practice in Primary School

A collective experience

"The introduction of dance in the first cycle of basic education allows the student a greater knowledge and dominance of his body. This is used as an instrument to explore all the expressive and motor skills and facilitate greater communication and relationship with others. "

Teacher Vera Gomes, 1st year, April 2018

Dance Practice in Primary School

A collective experience

“For me, dancing, while dominating the physical-motor expression class, assumes much more than a set of movements to exercise the body and in this way keep it healthy. It constitutes a form of art and expression (aided by music) in which there is a perfect balance between the body and the mind, thus allowing a mobilization of various knowledge/movements. “

Teacher Vera Bernardo, 3rd year, April 2018

Dance Practice in Primary School

A collective experience

"As a teacher I emphasize that the inclusion of dance in the first cycle is very positive, because it allows students to develop capacities that are not always exploited. It improves your attention, concentration, ability to listen, to reproduce, transmits culture, knowledge and gives them great joy.

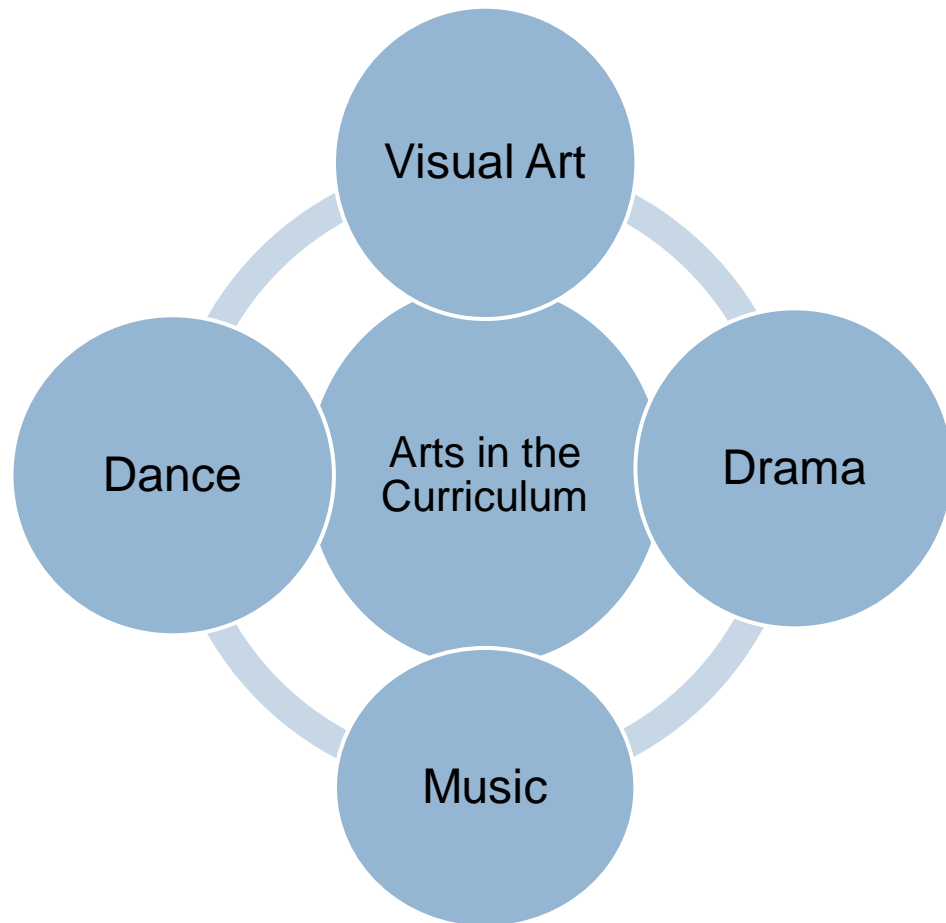
It also allows them to become more uninhibited and especially that there are shares between the group, without competition. They can express themselves without worries or judgments. "

Teacher Fatima Teles, 4th year, April 2018

Dance Practice in Primary School

2021-2022

Colégio Nossa Senhora Do Alto Faro - Portugal



Dance Practice in Primary School

A collective Experience

"Dance, in the 1st Cycle of Basic Education, is an essential component in the area of artistic education, due to its unique and multifaceted characteristics, it stimulates the development of competencies in children in different domains: In the physical domain (body and movement); In the emotional and artistic domain (thinking and feeling); In the social domain (communicating with others); In the cognitive and creative domain (learning/inventing different ways of expressing an idea, a concept, a thought through the body). Dance has the magic of unlocking the child's thinking, enhancing the whole teaching-learning process."

Dr. Carlos P Ferrinho



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